Rules and Regulations

Format

- Competitions will begin six weeks prior to the start of MHSAA High school competitive cheer.
- The 517 Youth Cheerleading season will run 13 weeks.(13weeks must end the week prior to the start date of MHSAA High School Cheer)
- Round 3 MS format
- 10 count at the beginning of the cheer (Most current available 10 Count)
- Maximum time 2 minutes 30 seconds
- 3rd-6th Grade eligible (Can be a 3rd -6th grade team if necessary)
- Choose the division based on the list below. This will be your division for the following season. We want this to be safe and fun for all! Kids should be working at their level.

Divisions:

3/4th - This division is for teams that have teams of just 3rd or just 4th or a combination of this age division.

5/6th - This division is for teams that have teams of just 5th or just 6th or a combination of this age division.

3-4-5 - This division is for teams that have teams 3rd, 4th and 5th age division.

4-5-6 - This division is for teams that have teams 3rd, 4th and 5th age division.

If your team has 3rd through 6th graders, choose the division with the greater percentage of athletes of that grade level.

- Teams will perform the stunt cheer two times with different panel judges, the scores will be added together for the final results.
  - o
- There will be a random draw for each meet and for each round. Follow the same MHSAA format for round order draw.
  - o The draw will be done by the board prior to the start of season for each meet.
  - o The order will be organized so that the judges will see both teams during the two rotations.

Current Rules

- The jump must be the first skill performed (new rule 2016)
- 20 competitors maximum
- 12 Difficulty points max to earn – we are trying to keep it safe.
- Variety 15 points
- Must follow MSHAA Middle School Competitive rules with the following exceptions.
    - Team Tumbling can be any tumbling skills that are legal; they just have to start at the same time.
    - Log Rolls will count for the 360 Choreography bonus.
    - BHS replace BT for Choreography bonus
    - Bows may have adornments
    - T - lift will not require a back spot

Preparation

- The first day of Fall MHSAA mandated start date is the first day any team can practice material.
- Make sure you understand and know the rules completely and explain them to the athletes why you are doing the things you are doing.
- Communicate well to athletes and parents!

Judges

- There will be two sets of three panel and two safety judges per panel at each meet.
- You may approach the judges after the meet for tips. Keep in mind that you must be respectful and courteous to the judges.
- We will pay the judges $60 per meet.
    - If there is a significant increase in the number of teams we will increase the pay rate.
- Each panel will judge each team. Judges will change sides they are sitting on between rounds.

You must submit round description sheets and score sheets by 2:00 p.m. the day prior to the meet. You must send them to the hosting coach in PDF form. There is a 10 point penalty for late or absent submissions.

Standings and Awards

- The board will keep score at each meet and the finish will be recorded for the final standings.
- Each team will receive points based on their standings for each meet. Those will accumulate and the final awards will be based on those standings.
- Awards will be given at the final meet.
- We will give a championship trophy in each division.

Team Registration Cost

- The total cost of judges and trophies for the season will be divided by the total number of teams participating for that season.

Hosting Expectations

- **Host schools must be able to appropriately accommodate**
  - **Spectators**
  - **Teams**
  - **Must have a designated practice space with appropriate matting**