

# Lansing Catholic Senior U.P. Retreat

at Companions of Christ the Lamb near Paradise, MI  
May 22-25, 2017

The Senior U.P. Retreat is an experience for graduating seniors to reflect on their high school careers and to start the next journey of their life on the right foot. The Companions of Christ the Lamb (CCL) are a religious community dedicated to living the faith in a simple way in the wilderness of the Upper Peninsula. Their 1,000+ acre grounds and rustic lodging provide retreatants with the space to encounter the Lord in the silence of their hearts. Our retreat will include daily Mass, Liturgy of the Hours, and community meals, as well as short talks focused on the journey ahead. The time between breakfast and dinner will be silent, with community time each evening.



*2016 Graduates leaving CCL at the end of last year's Senior U.P. Retreat*



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*More pictures from last year's trip*



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Depart: Monday, May 22<sup>nd</sup> at 8:30 am from LCHS faculty lot  
Return : Thursday, May 25<sup>th</sup> at 8:00 pm at LCHS  
Transportation: Rented Mini-Vans  
Chaperones: Mr. Ben Pohl, Mr. Dan Spitzley, Mrs. Kathy Ahern  
Emergency #: 517-267-2115  
Spots Available: 18  
Total Cost: \$150 (bring your own money for meals during travel)  
Deposit: \$25 due by Tuesday, April 18 to reserve your spot  
Please contact Mr. Pohl (517-267-2115) if assistance is needed.

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*(Please detach and return the lower portion to the school office with \$50 deposit)*

**2017 SENIOR U.P. RETREAT PARENT PERMISSION FORM**

We/I hereby give our/my child, \_\_\_\_\_, permission to participate in the Senior U.P. Retreat to be held at the Companions of Christ the Lamb May 22<sup>nd</sup> to 25<sup>th</sup> under the supervision of the authorized school personnel named above. We/I further understand that those school personnel will be providing transportation to and from the retreat and give our/my permission to make use of that transportation.

It is also our/my understanding that, if our/my child violates any school rules or other guidelines as established by the retreat leaders, this will be cause for our/my child to be sent home in the midst of the trip and we/I will be responsible for them *immediately*. We/I further realize, as parent/guardian, that we/I remain responsible for any legal responsibility that may result from actions taken by our/my child.

Parent Name \_\_\_\_\_ Date \_\_\_\_\_

Parent Emergency Phone \_\_\_\_\_

Parent Signature \_\_\_\_\_

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